

THE COMPLEX CONTINUING CARE /LONG-TERM CARE/ REHAB PROGRAM

Are you looking for something different? Do you want to experience the opportunity to be part of an interdisciplinary team to care for adults with chronic and complex medical, physical, cognitive and/or behavioral problems? Then we have an opportunity for you! Our specialty is care of adults with rehabilitation and complex continuing care needs through a Team Nursing Care Delivery system. Quality nursing practices are established through the use of evidence-based protocols, clinical guidelines and medical directives. There is always something new to learn! Our comprehensive orientation and preceptorship program prepares nurses to work on our 47-bed unit. We are looking for individuals who are motivated to learn, wish to develop expertise in gerontological and rehabilitation nursing and who want to participate on our collaborative health care team. This is a place where you can make a difference!

Some of the services available within the Program include:

Rehabilitation

This service provides short-term rehabilitation hospital care for individuals with varying diagnoses requiring interdisciplinary assessment and intervention to regain independence in activities of daily living and return to the community. Rehabilitative care helps patients reach maximum physical and mental functioning while addressing emotional, social and spiritual needs.

Complex Continuing Care

This service is geared towards inpatients, with a chronic illness or a multi-system disease, who are dependent on technology based, continuing or intermittent care. Comprehensive assessments and short-term treatments are also provided for frail elderly people experiencing medical illnesses and recent functional decline. Geriatricians, a Charge Nurse, a Clinical Nurse Specialist, and a Program Manager clinically support nursing in this service.

Palliative Care

Palliative services take an integrated approach to emotional & spiritual support along with pain & symptom management to individuals in the end stages of terminal illness and is extended not only to the patients, but to their families & friends. The focus of Palliative Care at TDH is on caring, not curing, and on life, not death.

Interim Long-Term Care

Twelve beds have been designated as interim long-term care beds where patients can wait for their placement in a community-based long-term care bed. The atmosphere here is warm, friendly, home-like and resident-focused.

Stroke Program

The Timmins and District Hospital (T&DH) is proud to be a partner in the Ontario Stroke System and the Northeastern Ontario Stroke Network. The in-patient Stroke Program at T&DH is based on an organized stroke care delivery model. The objective is to improve stroke outcomes by ensuring that the time from definitive diagnosis to treatment is minimized. The program uses care guidelines that have been developed using the principles of evidence-based medicine. As a district stroke centre, the program is committed to providing the best possible stroke care to all patients in Timmins and Area. With state-of-the-art diagnostic equipment, dedicated physicians, nurses and allied health professionals, victims of stroke are diagnosed and treated quickly.



ER/CRITICAL CARE PROGRAM

The Emergency/Critical Care Program is a combination of two critical care areas. These two departments offer opportunities to work with a patient population that has no boundaries in age and diagnosis. Ongoing certification and credentialing for these critical care skills in one or both of these areas will increase your marketability for future career planning. Registered Nurses provide care in both the ER and Critical Care programs.

Emergency Department

- 20 stretchers & 3 chairs
- 35,000 visits annually
- Operation 24/7
- Orientation 3-5 weeks
- Advanced Cardiac Life Support Certification
- Canadian Triage and Acuity Scale Certification
- Drugs & Defibrillation Certification
- Nursing Resource Team
- And more!

Critical Care Unit

- 6 monitored beds
- 600 admissions annually
- Operation 24/7
- Orientation 4-6 weeks
- Advanced Cardiac Life Support Certification
- Hemodynamic Certification
- Ventilator Certification
- Critical Care Response Team
- And more!



The Medical Program

Come for the experience ... Stay for the opportunities!

The Medical Program comprises a wide range of clinical specialties including General Medicine, Nephrology, Paediatrics and Oncology services. As the only district hospital within the region offering exposure to acute complex multi-system medical conditions in adults and paediatrics, nursing in this area is highly rewarding. Nurses within this program are supported and encouraged in achieving and maintaining clinical competence and professional development through a comprehensive orientation and mentorship program and through ongoing education. Exciting opportunities await nurses with an interest in medical patients, in care coordination, precepting, continuous quality improvement activities, and the charge nurse role.

Medical Unit:

- 40 bed, fast paced environment serving primarily complex cardiorespiratory patients
- Total Patient Care Delivery System, supported by a Resource Nurse, Unit Coordinator, Program Manager, Clinical Nurse Specialist, Nurse Practitioner and the Hospitalist Program (two Physicians providing 24 hour care for all medical in-patients)
- combination positions such as; Paediatrics/Dialysis, Medical/Oncology, and Medical/Paediatrics.
- Standardized plans of care (care paths), protocols, clinical guidelines and medical directives to facilitate best nursing practices

Integrated Nephrology:

- 9 station Haemodialysis Unit, Weekly Nephrology Clinic, Peritoneal Dialysis Program.
- Continually expanding program, serving patients with Progressive Renal Insufficiency, Haemodialysis needs, Peritoneal Dialysis needs and Transplantation preparation plus follow up.
- Highly qualified staff, several of whom hold specialty certification with Canadian Nurses Association in their area of practice.

Oncology:

- Outreach Program of the Regional Cancer Program (RCP)
- Serves out-patients, providing cancer care, including chemotherapy, blood product administration, coordination of test schedules, patient assessments and health teaching
- Bi-weekly out-patient cancer clinics supporting patients in the district by visiting Medical and Radiation Oncologist



THE MENTAL HEALTH PROGRAM

The Mental Health Program offers a wide range of in-patient and out-patient services designed to provide the highest quality of care in the least restrictive and most effective setting. As a member of a multi-disciplinary treatment team of mental health professionals, which includes psychiatrists and social workers, nurses provide a diverse mix of clinical services to patients with mental health related illnesses. As an individual practitioner, you are encouraged and supported to maintain competence and professionalism relevant to research in psychiatric nursing. Service options include:

- The **In-Patient Mental Health Unit** is a 20 bed adult (16 years of age and older) acute care program providing short term assessment, consultation, treatment and stabilization for those persons in the acute phase of major mental illness, for those who are experiencing a form of treatment-resistant major mental illness, and for those in crisis.
- **The Outpatient Mental Health Program provides** individual brief therapy and a range of educational programs for clients coping with mental illness. Therapeutic/educational programming includes topics such as coping with anger, depression, anxiety, sexual abuse, stress and other mental health related subjects.
- The **Crisis Team** is a 24 hour, 7 days/week service available to patients who may be experiencing a mental health crisis. The Crisis Team works in collaboration with the emergency program and other programs in providing crisis assessment and intervention services. A 24 hour, 7 days/week crisis line service is also available.
- The **Midstep Program** provides case management services to clients with a serious mental illness using assessment, treatment and evaluation techniques including brief therapy, educational sessions, crisis intervention, clinic activities and home visiting.
- The **Transitional Care Program** provides assessment and intensive intervention to clients coping with an acute or serious mental illness. The program stresses a comprehensive approach to care and is offered Monday to Friday.
- The **Community Seniors Mental Health Program** provides consultation outreach to individuals with age related mental health problems. The interdisciplinary team utilizes a client-centered approach in assisting clients and caregivers to attain, maintain and restore a high quality of health in the least restrictive environment.
- The **Eating Disorders Program** provides care management consultation and intervention services to individuals diagnosed with an eating disorder.
- The **Concurrent Disorders Program** provides care management and intervention services to individuals diagnosed with a concurrent disorder.



THE SURGICAL/OBSTETRICAL PROGRAM

The Surgical/Obstetrical Program comprises a wide range of clinical specialties including Inpatient Surgery, Operating Room, Post-Anaesthetic Care Unit, Day Surgery including Endoscopic Suite, Obstetrics/Nursery and Preadmission Clinics (both surgical and obstetrical).

Nurses are supported and encouraged to maintain and enhance their nursing knowledge and clinical skills through unit specific orientation and mentorship programs, inservices, workshops and formal education. Opportunities are available to participate in program planning initiatives. Nursing input is essential and contributions valued in a multidisciplinary team approach.

Our team consists of Nurses, Physicians, Physiotherapists, Dietitian, Social Worker, Respiratory Therapist, Pharmacist, Central Booking Clerk, Utilization Manager, Community Nursing Partners, Information Services, Project Leader, Program Manager and Program Director.

Inpatient Surgery

- 26-bed unit
- Care is provided by "care pairs" – an RN and RPN team up and provide care to a group of 8 patients.
- A multidisciplinary team further supports this model.
- Surgical Pre-Admission clinic - over 80% of surgical inpatients are provided with health teaching and preparation for surgery.
- We aim for 100% same day admission,
- Patient Controlled Analgesia (PCA) pumps, epidural analgesia, non-invasive blood pressure monitoring devices, IV infusion pumps and pulse oximetry are utilized routinely

Day Surgery/Endoscopy/PACU

- active outpatient unit
- sees approximately 2800 same day surgery patients annually
- Additional 2700 endoscopic/ambulatory procedures are done annually.
- Unit is equipped with state-of-the-art endoscopic video equipment.
- Cross training with the adjacent post anesthetic care unit is provided to the RN staff.
- RN's have acquired certification in the Canadian Intravenous Nurses' Association (CINA).
- Multidisciplinary Endoscopy User-Group plans and evaluates the services provided and makes recommendations for improvement

Operating Room

- 3 modern, state-of-the-art operating theaters are equipped and operational Monday to Friday.
- An afternoon shift keeps one OR open for urgent and emergent bookings
- An after hour and weekend call-team is readily available.
- Approximately 4500 operative procedures are performed each year
- Specialties include General Surgery, Orthopedics, Vascular/Thoracic, Gynecology, ENT, Ophthalmology, Urology and Dental.
- Operating Room nurses function in Resource Nurse roles within each specialty

Operating Room cont'd.

- These nurses become the “expert” in their specialty and are instrumental in decisions regarding equipment purchases, introduction of new services and procedures, orientation of new staff etc.
- An intense formalized orientation program provides the new hire with the opportunity to be mentored in each surgical specialty, with attention to individualized education plans and goal attainment.
- PACU is adjacent to the Operating Theaters.
- With improved anesthetic agents and fast-tracking many patients are able to return to the Day Surgery or Inpatient unit without going through PACU
- PACU staff are cross-trained to assist in the adjacent Day Surgery area and “go where the patients are” to provide quality post-operative care.
- T&DH has recently obtained funding from the RNAO/MOH<C to support 2 Operating Room RN’s in obtaining their RN First Assist Certification, through British Columbia Institute of Technology (BCIT).
- A multidisciplinary OR User-Group plans and evaluates the services provided and makes recommendations for improvement



The Maternal Child Program

Paediatrics:

Timmins and District Hospital (T&DH) is in the process of developing a Paediatric Wellness Clinic combining in-patient and out-patient services. The interdisciplinary team is lead by a Nurse Practitioner and the Paediatrician.

- 5 bed paediatric wing of the Medical In-patient Unit, supported by 2 Paediatricians
- Primary nursing care delivery system in a family centered care environment
- Services children with a wide variety of medical (respiratory & endocrine), surgical, hematological and oncological disorders
- NAL certification

Obstetrics/Nursery:

Timmins and District Hospital (T&DH) Maternal Child nursing staff and Obstetricians and Family Physicians all have the opportunity to participate in the Managing Obstetrical Risk Efficiently (MORE OB) program. MORE OB is a comprehensive patient safety quality improvement and professional development program for caregivers and administrators in the hospital and obstetrical unit and includes a comprehensive computer based learning strategy and team skill demonstration component.

- 15 bed unit includes obstetrics and gynecology
- all-RN staff
- staff are provided the opportunity to acquire the skills required to care for antenatal and postpartum moms, laboring patients, and the newborn
- 10 bassinet modified Level 2 Nursery
- 750 births per year
- nurses and pediatrician accompany mom to the OR for c-sections
- the primary role of the nurse is to assist the pediatrician with the infant
- SOGC Guidelines and the standards set out by the Perinatal Practice Partnerships of Eastern and Southeastern Ontario (PPESO) support our practice
- Numerous educational opportunities including lactation consulting, Neonatal Resuscitation Program (NRP), George Brown College Perinatal Certification, Advanced Life Support for Obstetrics (ALSO), epidural analgesia, labor support and fetal health surveillance etc.
- Obstetrical Pre-Admission Clinic provides support and education to the expectant mom (and family)
- Individual needs and requests are considered and supported.
- Multidisciplinary Perinatal Committee plans and evaluates care provided and makes recommendations for improvement



