

CEO Update
December 2015

The Holiday season is here; however, that does not mean that flu season is over! We are still encouraging everyone, especially health care workers and seniors to get their flu shot as it's the best defense to prevent and alleviate flu symptoms. The Employee Health department is still offering dates to get your flu shot; please call the office at extension 2174.

With the holidays comes an increase in SPAM. We are reminding staff to please be mindful at work and at home when you're opening emails. They can be delivery notices, bank account notices, credit card verification and or password change requests via email from banks and other institutions. We advise you to simply delete such emails. If you have any concerns we advise that you contact the institution directly.

We're still continuing to work on the Hospital budget and have it balanced for year end. Your support and contributions toward helping us reach a balanced position is appreciated and valued.

With the hustle and bustle of the Holiday season, it's important to remember to be safe. This includes being aware of fire hazards, staying injury free, taking precautions with food, driving sober and safe, and keeping stress in check. The Holidays can be a very busy and even stressful time; it's just as important to make time for you. Take this time to relax and recharge.

2015 has been a year with its challenges and successes. Your willingness and commitment to adapt to change does not go unnoticed. We look forward to 2016 and the opportunities that come with it. Sincere best wishes for a safe and joyous holiday season, a Merry Christmas to you and your loved ones and a Happy New Year!

Blaise MacNeil
President & CEO